

Partners in Education

Associate of Science (AS) - Health and Exercise Science

The Associate of Science (AS) in Health and Exercise Science can build toward career options in physical therapy, cardiovascular rehabilitation, exercise physiology, medicine, clinical rehabilitation, corporate health and wellness, fitness professions, and a variety of allied health occupations. This program is designed specifically to transfer to CSU Fort Collins in their Health and Exercise Science Bachelor of Science with concentrations in either Sports Medicine or Health Promotions.

Courses offered toward degree at Castle View High School

Highlighted courses also have an Advanced Placement (AP) option with a passing AP exam score

Courses	Credit Hours
Written Communication:	
ENG 121 – English Composition I	3
ENG 122 – English Composition II	3
Oral Communication:	
COM 115 – Public Speaking	3
Mathematics:	
MAT 121 – College Algebra	4
Arts & Humanities:	
LIT 115 – Introduction to Literature (3 credits)	6
MUS 120 – Music Appreciation (3 credits)	
SPA 211 – Spanish Language III (3 credits) or SPA 212 – Spanish Language IV (3 credits)	
FRE 211 – French Language III (3 credits) or FRE 212 – French Language IV (3 credits)	
History:	
HIS 121 – U.S. History to Reconstruction	3
Health & Exercise Science Courses:	
HWE 100 – Human Nutrition	3
HWE 111 – Health and Fitness	3
Total Credit Hours at High School	28

Remaining Courses Offered Toward Degree at Arapahoe Community College

Courses	Credit Hours
Social / Behavioral Science:	
PSY 101 – General Psychology I	3
Choose 1 Guaranteed Transfer (GT) courses* from the subject areas including Anthropology, Communication, Economics, Geography (GEO 105 or GEO 106), Journalism, Political Science, and Psychology.	3
Natural & Physical Science:	
BIO 111 – General College Biology w/ Lab	5
BIO 201 – Anatomy & Physiology I	4
BIO 202 – Anatomy & Physiology II	4
Health & Exercise Science Courses:	
CHE 111 – General College Chemistry I	5
CHE 112 – General College Chemistry II	5
MAT 135 – Intro to Statistics	3
Total Credit Hours at Arapahoe Community College	32
Total Credit Hours for AS Degree	60

*For a list of guaranteed transfer courses please visit: <https://tinyurl.com/jnwz6p6p>